



Inspired Life Coaching



THE CENTER FOR
Clarity, Compassion & Contentment

Kim Perone, CLC Success Coach

Inspired Life Coaching at
The Center for Clarity,
Compassion & Contentment

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@KimPerone

One-On-One Coaching

Customized coaching packages for clients via phone, video conference, or in person at the office. Specializing in stress reduction, life transitions and balance, mindfulness, resilience and overall wellbeing.

What you gain...

My clients gain clarity, reduce stress and overwhelm, create new definitions of success, eliminate time wasters, and move forward in life with a sense of purpose and inspiration.

Coaching Programs

Mastering a Mindset for Peace ~ Transform Your Stress, Mindfulness, Authentic Success (1-hour)

Mindful Leadership ~ 1 hour presentation or 2-3 hour experiential workshop

Authentic Success ~ 1 hour presentation or 2-3 hour experiential workshop

Live by Design: Not Default

Power of YOU! Journey to the Center of Self (4 week and 1 day workshop)

Innerspace ~ Core Principles of Wellbeing

Elevate ~ Online Program

8 Week Wellness Program

Coach on Call

A resource to workplaces who wish to provide coaching for employees under human resource or employee assistance programs.

Speaking Engagements

The Hero's Journey: Your Life As Story (motivational speech/coaching lesson)

Live Coaching Session on topics of choice

Kim Perone, Success Coach

When clarity, compassion, and contentment are present an inspired life is possible.

I am a personal strategist, philosopher, and champion for my clients. Modern life, and its complexity, requires a strategic approach to creating balance, success, and joy. Finding your best, most effective self is not only possible, but necessary in today's world. Working with individuals to discover alignment, purpose, productivity, empowerment and success in their lives is my passion. My clients live more, love more, earn more and provide more to others when they grow, evolve, and awaken. I specialize in resilience, change, and adaptation, all of which led to my own inspired path. In 2014, I became a success coach after a 20 year career in communication, public relations, and community relations in the Capital Region. Through facilitation, guidance, resources, and perspective, my clients pave their own inspired path toward goals and aspirations. As co-founder of The Center for Clarity, Compassion & Contentment (Center4C) ~ a Wellness Center, I host my own programs and provide training onsite to companies, while offering shared space to wellness practitioners creating a place of peace and empowerment for individuals and groups.